



What to Bring (and NOT to bring) to Treatment

Triumph Campus Center – For the Adult

Basic Items Needed:

- 2 weeks worth of comfortable clothing appropriate to the season
- 2 weeks worth under garments
- 3 pair comfortable shoes
- 1 pair of slippers or flip flops
- Sleepwear
- Toiletries such as toothbrush, toothpaste, hair products, deodorant, and razor with a cover
- Alarm or Clock Radio
- Feminine Hygiene Products
- Extra towel if you use two when bathing
- Clear water bottle or cup with a lid for taking water out of the dining room
- Stamps, envelopes and stationary
- 30 Day supply if possible of current medications, doctor's authorization for over the counter meds if at all possible

Paperwork and Legal Documents:

- Photo I.D.
- Contact Information (legal, etc.)
- Birth Certificate (if you can get one or have a copy already)
- Provider One Card and Healthy Options Card
- Legal Paperwork
- Social Security Card

Items NOT to bring

- Food
- Alcohol based perfume, hair spray, mouth wash or lotions
- Cell phones
- Weapons
- Cigarettes or other tobacco products (we are a tobacco-free facility)
- Scissors or hair trimmer

Miscellaneous Information:

- Washing machines and dryers are provided, as well as laundry soap, free of charge. If you require a specific kind however, please bring it.
- Mailing address is: _____ Superior Lane Yakima, WA 98902
- Any items brought to the house which are not allowed will either be sent home with the transporter or locked up until you are ready to leave (donation to charity is also an option)
- Mail sent from any jail or prison is not allowed unless specifically approved