



TRIUMPH

# 2025 IMPACT REPORT

*Transforming Community*

# LETTER TO OUR COMMUNITY



**Jolene R. Seda**  
*Chief Executive Officer*

Thank you for your continued support of Triumph Treatment Services. In 2025, Triumph strengthened community-based systems of care that address behavioral health, housing stability, and recovery through coordinated, evidence-based services across Washington State.

Throughout the year, Triumph provided a full continuum of care, expanded community outreach, supported access through transportation services, and invested in workforce development to ensure safe and effective care. Strategic partnerships deepened coordination across healthcare, housing, and social service systems.

In 2025, Triumph partnered with a community-led task force, Yakima Valley Community Foundation, and Yakima County to establish next steps for a medically-monitored medical detox facility in Yakima County, addressing a critical gap in the local continuum of care. Additional collaborations with emergency medical and community partners improved rapid connection to treatment and support during crises.

We are grateful to our partners, funders, staff, and community members whose collaboration makes this work possible. Your continued support helps strengthen pathways to stability, recovery, and health for our communities.



**Debra J. Madsen**  
*Board Chair*

*Jolene R. Seda* *Debra J. Madsen*

## LEADERSHIP

### Executive Staff

Jolene R. Seda  
*Chief Executive Officer*

Jim Simmons  
*Chief Financial Officer*

Dr. Jamie Simmons  
*Chief Medical Officer*

### Board of Directors

Debra J. Madsen, *Chair*

Leanne Antonio, *Treasurer*

Laura Crooks, *Secretary*

Rigoberto Dominguez

Wes Ketcham

Darlene Cash Lamb

Raul Martinez

Kami Allen

Wally Lee

Megan Tweedy

### MISSION

To support all who desire to make changes in their health and quality of life, regardless of where they are or when they need assistance. We do this through evidence-based services, innovative programs, and a legacy of family-oriented treatment options.

### VISION

Through excellence, resilience and recovery...  
We serve families. We unite families.



# WHO IS TRIUMPH?



## Heart

Triumph's heart is evident in all we do. What we do matters, who we serve matters. **YOU** matter.



## Integrity

Triumph is built on a foundation of best practices for serving our patients, our staff, and our communities. We are accountable to this legacy through our daily work.



## Inclusivity

The people we serve and our staff represent our community. Triumph recognizes the need to be equitable in building our teams and making our services accessible. There is no closed door at Triumph.



## Excellence

We strive for the highest standards, always seeking to improve the quality of our services and our relationships.



# TRIUMPH BY THE NUMBERS

## People Served By Triumph Programs

### Residential Programs

- Intensive Inpatient (28 - 30 Days):  
**991 individuals**
- Pregnant and Parenting Women's Program (4 - 6 months)  
**126 women and 99 children (5 and under)**
- Mental Health, Psychiatric Services including Medication Management, and Medication-Assisted Treatment  
**5,412 visits**

### Outpatient Programs

- Outpatient Substance Use Disorder  
**225 individuals**
- Outpatient Mental Health, Psychiatric Services including Medication Management, and Medication-Assisted Treatment  
**2,857 visits**

### Peer Support

- **1,038 interactions** with peers enrolled in services. **203 interactions** with individuals during street outreach, and **105 interactions** during walk-ins at the downtown office.

### Housing

- Served **64 tenants and 92 children**
- **63%** successfully graduated from Triumph's two-year housing program and/or moved out of Triumph housing and into successful community placements while continuing treatment services.
- **37%** currently remain in Triumph housing.

## Overall in 2025



### Gender distribution of people served:

34% Female / 66% Male



Over **31%** of Triumph people served participated in two or more services offered by Triumph.



**97.8%** of Triumph people served live at or below the Federal Poverty Level.



**47%** of Triumph people served self-report as experiencing homelessness.



### Age distribution of people served

- **6%**.....5 Years or younger\*
- **20%**.....18 - 29
- **72%**.....30 - 64
- **2%**.....Over 65

*\*In the Pregnant and Parenting Women's Program*

## Financial Highlights



### Income

|                      |                     |
|----------------------|---------------------|
| Grants               | \$959,813           |
| Donations            | \$263,181           |
| Rent                 | \$500,080           |
| Program/Misc Revenue | \$16,406,642        |
| <b>Total</b>         | <b>\$18,129,716</b> |



### Expenses

|                       |                     |
|-----------------------|---------------------|
| Salary/Benefits       | \$12,233,983        |
| Operations/Maintenece | \$1,558,863         |
| Rent/Utilities        | \$477,891           |
| Other                 | \$2,960,840         |
| <b>Total</b>          | <b>\$17,231.577</b> |

## People Served by County



|                        |            |
|------------------------|------------|
| <b>Yakima</b> .....    | <b>47%</b> |
| <b>Snohomish</b> ..... | <b>8%</b>  |
| <b>King</b> .....      | <b>7%</b>  |
| <b>Benton</b> .....    | <b>4%</b>  |
| Pierce.....            | 3%         |
| Spokane.....           | 3%         |
| Kitsap.....            | 2%         |
| Okanogan.....          | 2%         |
| Other 31 Counties..... | 24%        |

Triumph serves all 39 counties in Washington State. People served from outside Yakima County receive support for their return home after treatment. See Transportation.

## Transportation

The transportation team at Triumph works statewide to ensure that people served safely travel to Triumph for treatment. In 2025, they supported the people we serve by driving a total of **51,161** miles and making **243** trips to Triumph residential treatment facilities. **A partnership with People For People ensures that the people we serve return home safely after completing their treatment.** Triumph provided **418** paid shuttle or bus tickets for this purpose.



PEOPLE FOR PEOPLE

# COMMUNITY IMPACT

## GRANTS

In 2025, Triumph was awarded 11 grants, receiving a total of \$8,455,654.

### 2025 Grantors

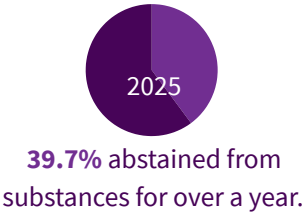
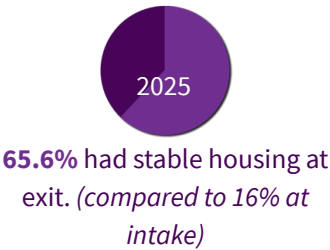
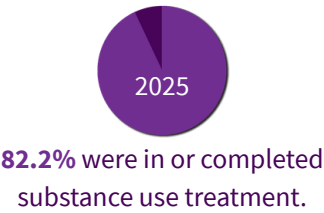
Charis Fund  
Greater Health Now Community Care Coordination  
JCPenney's Communities Foundation  
Legends Casino  
MultiCare Community Partnership Fund  
Triumph Aviation Communities Foundation  
Washington State Department of Commerce  
Yakima County Behavioral Health and SUD Grant  
Yakima County Homeless Housing Assistance Grant  
Yakima County Medical Detox Services Grant  
Yakima Valley Community Foundation

| Fund*                       | % Raised from Donations, Sponsorships, and Grants |
|-----------------------------|---------------------------------------------------|
| Areas of Greatest Need      | 42%                                               |
| Women and Children Services | 17%                                               |
| Peer Support Services       | 15%                                               |
| Housing                     | 14%                                               |
| Men's Services              | 7%                                                |
| Fitness For All Project     | 4%                                                |
| Recovery Haircuts           | 1%                                                |

\*Philanthropic contributions designated to support a specific program, initiative, or purpose within Triumph.

## PARENT-CHILD ASSISTANCE PROGRAM (PCAP)

In 2025, 116 women were enrolled and served in PCAP.



## Our Community Partners:

- Alcoholics Anonymous
- Antioch University
- Barbertown
- Camp Hope
- Canyon Blooms
- Petals for Patients
- Catholic Charities
- Chad's Legacy Project
- Charter College
- Children's Village
- Concordia University Irvine
- Consistent Care
- De Novo Services
- WA Department of Social and Health Services
- Epic Early Learning
- Empower Meal Prep
- Grand Canyon University
- Greater Columbia Behavioral Health
- Heritage University
- Love INC of Yakima County
- MRJN Associates
- MultiCare
- Narcotics Anonymous
- NW Interprofessional Health Collaborative
- Next Step Housing
- Northwest University
- OIC of Washington
- People For People
- Perry Technical Institute
- Pacific Northwest University
- Seattle University
- Skillsline
- Stone Church
- University of Washington
- Walden University
- WA Alliance for Quality Recovery Residences
- Whitworth University
- Yakama Nation
- Yakima County
- Yakima County Department of Emergency Medical Services
- Yakima Free Clinic
- Yakima Housing Authority
- Yakima Neighborhood Health
- Yakima Valley Farm Workers Clinic
- YWCA

*Building partnerships are a core component of Triumph's strategic plan and a primary way that we drive lasting community transformation.*

*Triumph intentionally collaborates with community-based organizations, educational institutions, housing providers, healthcare systems, and recovery-focused partners to expand access to housing stability, employment and/or education pathways, health services, and recovery-affirming social connections.*

*These partnerships extend Triumph's impact beyond treatment settings, embedding recovery supports within the broader community. When selecting partners, Triumph prioritizes organizations that promote inclusion, reduce stigma, and strengthen community-based support.*

*Through these coordinated, mission-aligned partnerships, Triumph helps build stronger communities while supporting individuals in achieving connection, independence, and full community participation.*

## Our Corporate Sponsors:



***Thank you to our corporate sponsors and community partners for making the work that we do possible!***

## PARTNERSHIPS

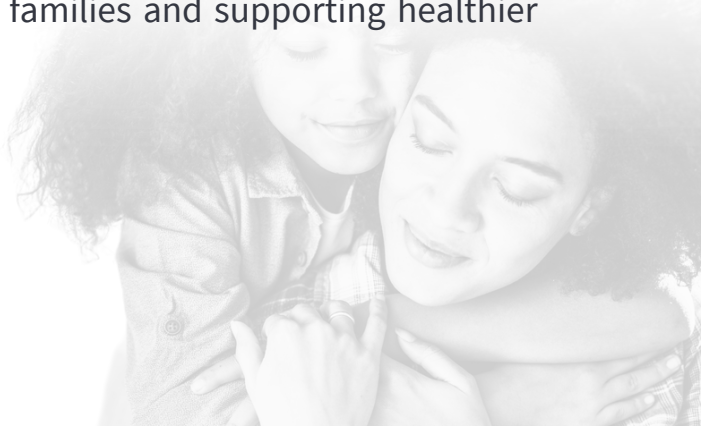
### INVESTING IN PEOPLE TO TRANSFORM BEHAVIORAL HEALTH CARE

Triumph launched a pilot with Greater Health Now and Skillsline to strengthen behavioral health staff through essential human skills. Nearly 100 employees completed 1,500+ microlearning lessons and discussions on resilience, emotional intelligence, adaptability, and self-agency. The program enhanced well-being, communication, and stress management while reinforcing Triumph's core values. Participants reported greater confidence and feeling valued, reflecting a long-term commitment to a resilient workforce and stronger care system.



### MULTICARE COMMUNITY PARTNERSHIP GRANT BOLSTERS SUPPORT FOR PREGNANT & PARENTING WOMEN IN RECOVERY

In 2025, Triumph received a MultiCare Community Partnership Grant to support early learning and childcare for pregnant and parenting women in substance use treatment. Serving about 150 women and 95 children annually, the program provides trauma-informed care that allows mothers to heal while maintaining vital bonds with their children. By integrating behavioral health, early childhood services, and support from 20+ community partners, Triumph helps families stabilize and thrive. This partnership ensures mothers don't have to choose between recovery and caregiving, strengthening families and supporting healthier futures.



## PARTNERSHIPS

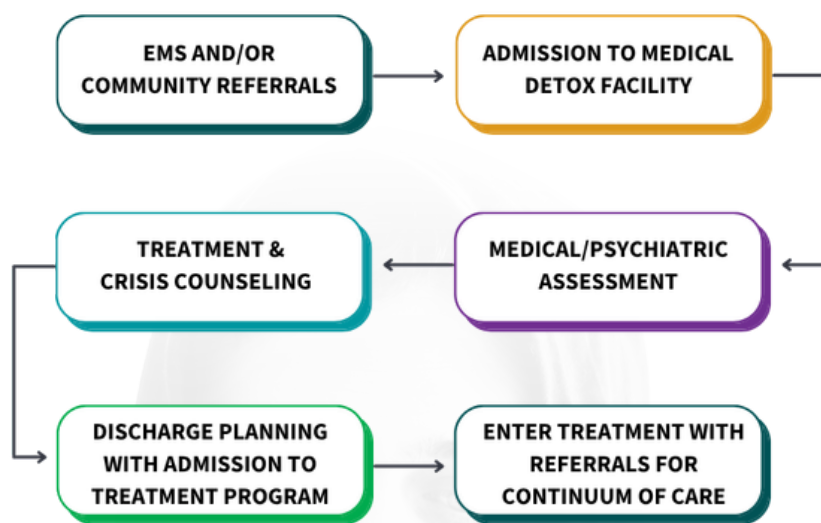
# EXPANDING ACCESS TO MEDICAL DETOX IN YAKIMA

Medically-monitored withdrawal management, more commonly known as medical detox, provides a safe, supervised setting where individuals can withdraw from drugs or alcohol while healthcare professionals manage symptoms and reduce serious risks, serving as a critical first step toward recovery. Yet for Yakima residents, the nearest facility is close to 100 miles away, creating a major barrier to timely care and underscoring the urgent need for bringing medical detox to Yakima.

Recognizing a critical gap in substance use care, local leaders, healthcare providers, public officials, and individuals with lived experience came together to form a task force and define a solution rooted in real community need. Through this collaborative effort, Triumph partnered with Yakima Valley Community Foundation to conduct a feasibility study and advance a model for medically supported detox services in Yakima.

The result is a unified, community-led initiative, spearheaded by Yakima County, that not only addresses an urgent gap in care, but also creates a vital, coordinated bridge into treatment and long-term recovery. Through a competitive proposal process, Yakima County Commissioners chose Triumph to be the provider for their medical detox initiative in 2025.

## HOW IT WORKS



### Medical Detox Task Force:

**Megan Tweedy**, Community Leader **Chair**

**Steve Altmayer**, Community Leader **Co-Chair**

**Kyle Curtis**, Yakima County Commissioner

**David Elofson**, Retired Superior Court Judge, Yakima County

**Jessica Humphreys**, Superior Court Director, Yakima County

**Esther Magasis**, Director of Human Services, Yakima County

**Sharon Miracle**, CEO, Yakima Valley Community Foundation

**Heidi Pelletier**, Chief Development Officer, YVCF

**Dr. Jamie Simmons**, Chief Medical Officer, Triumph

**Jolene Seda**, CEO, Triumph

**Jim Simmons**, CFO, Triumph

**Melissa Sixberry**, Director of Disease Control, Yakima County

## TRIUMPH'S CORE VALUES IN ACTION - INCLUSIVITY

# MORE THAN A HAIRCUT

### *How One Barber Is Helping Rebuild Confidence in Recovery*

A fresh haircut is doing more than changing appearances—it's building esteem for our men enrolled in our services. Thanks to Fabian Montes of Barbertown, individuals newly in recovery are finding renewed confidence, dignity, and a sense of belonging through something as simple as a trim.

Fabian's journey is rooted in empathy. Raised in a low-income household where haircuts were a rare luxury, he understands the emotional weight a haircut can carry. Today, he brings that understanding to Triumph, offering free haircuts to people we serve working towards recovery and rebuilding their lives.

But this is more than a personal act of kindness; it's a community effort with ripple effects. The people we serve often describe how a haircut helps them feel human again, ready to face job interviews, reconnect with family, or look in the mirror with pride.

Fabian's approach is rooted in respect. The people we serve are expected to arrive clean and showered, reinforcing the importance of self-care and mutual accountability. His chair has become a safe space, free of judgment and full of encouragement. As one person served put it, "You don't treat me differently, and you want nothing from me."

The impact doesn't stop at Triumph. Fabian is actively working to expand his reach, seeking partnerships with local salons to provide haircuts for women in Triumph programs. He's also calling on the community for support, whether through donations or community partnerships.

In a world where recovery can feel isolated, Fabian's work reminds us that healing is a collective effort. His haircuts are more than a service; they're a symbol of hope, a tool for transformation, and a testament to the power of community.

***To sponsor haircuts or get involved, scan the QR code or visit <https://triumphtx.org/donate>***



Fabian's Mantra:

***"Do good things whether others notice or not.  
It's the deeds that matter, not the size of your audience"***

## TRIUMPH'S CORE VALUES IN ACTION



### Heart

Jeremiah leads with heart, authenticity and presence, walking alongside people and believing in their capacity to change. What keeps him at Triumph is simple: the people we serve.

*"Doing the work that we do, we're able to say, hey, you're not alone out here."*

#### JEREMIAH SANCHEZ

Program Manager, JOTC



### Integrity

Integrity is central to Brittany's life and work. At Triumph, she lives out the values that shaped her recovery, offering hope and positive change to others.

*"I didn't know what I was capable of until I was faced with it, never underestimate what you can do."*

#### BRITTANY GEFROH

Lead Certified Peer Support Specialist



### Excellence

Tiffany embodies excellence through her own recovery journey at Triumph, and her determination to give back and support others on their recovery journey.

*"Triumph was the foundation of my transformation and the beginning of a new life."*

#### TIFFANY HANSEN

Substance Use Disorder Professional - PPW

Read their inspiring stories at <https://triumph.tx.org/category/inspiring-stories/> or scan the QR code

## STAFF MILESTONES



### Nancy Arzaga Substance Use Disorder Professional

Moved from Substance Use Disorder Professional Trainee to Substance Use Disorder Professional



### Anna Blehm Licensed Mental Health Counselor

Moved from Licensed Mental Health Counselor Associate to Licensed Mental Health Counselor



### Jessica Espinoza Clinical Admission Specialist

Earned her Substance Use Disorder Professional Trainee Credentials



### Shawna Estep SUD Program Director

Leadership Yakima  
Class of 2026



### Tiffany Hansen Substance Use Disorder Professional

Moved from Substance Use Disorder Professional Trainee to Substance Use Disorder Professional



### Tyrone Jackson Peer Support Specialist

Earned his Substance Use Disorder Professional Trainee Credentials



### Emma Loftus, PMHNP-BC, FNP-BC, CCTP Medical Director of Women Services

Certified Clinical Trauma Professional and received certification in Peptide Therapy and Cellular Medicine



### Molly Lynch Certified Peer Support Specialist

Earned her Substance Use Disorder Professional Trainee Credentials



### Jamie Simmons, MD Chief Medical Officer

Master of Medical Management  
Carnegie Mellon University Heinz College of Public Health



### Nathan Thompson Licensed Mental Health Counselor Associate

MA in Clinical Mental Health Counseling  
Northwest University  
Moved from Mental Health Intern to Licensed Mental Health Counselor Associate





**PHONE :**

(509) 248-1800

**ADDRESS :**

120 S 3<sup>rd</sup> St, Yakima, WA 98901

**WEBSITE :**

[triumphtx.org](http://triumphtx.org)

**EMAIL:**

[info@triumphtx.org](mailto:info@triumphtx.org)